

# Center for Continuing Studies

LEWIS & CLARK GRADUATE SCHOOL OF EDUCATION AND COUNSELING

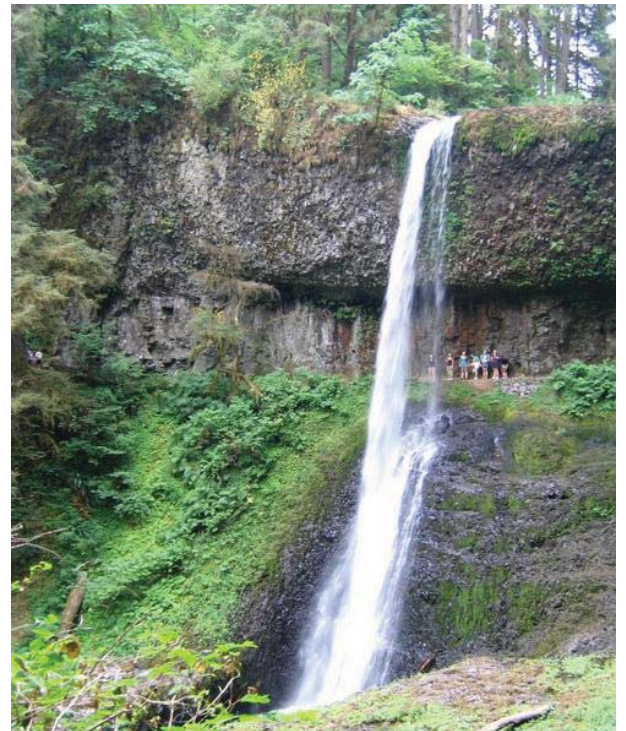
## Eco-Therapy

March 14-15 and April 11-12, 9 a.m.-5 p.m.

Two options: One-day CE workshop on March 14, or full two-weekend class

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This course provides resources and techniques for mental health providers to incorporate nature activities and metaphors into their therapeutic work. These techniques will help address environmental concerns you may encounter during the course of counseling, and harness individuals' sustainability values to foster therapeutic goals. We will review research and practices in ecopsychology, conservation psychology, and environmental psychology. We will further explore topics such as environmental identity, grief and despair about environmental issues, restorative natural settings, green spaces and children, and the adoption of sustainable living practices. This course is designed for the student and the practitioner.



**Instructors:** Thomas Doherty, Psy.D. and  
Patricia Hasbach, Ph.D.

**Noncredit/CEU:** 6 hours, \$125 or 24 hours \$500

**Continuing Education Credit (CEU) Options:** Mental Health Practitioners may participate in the first day of the course --an introduction to Eco-Therapy--as a stand alone, one day continuing education option and earn 6 CEUs. They may also participate in the entire two weekend course and earn 24 CEUs.

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### Registration Information

To register please complete the registration form on the back of this flier and submit it to the Center for Continuing Studies.

To insure your place in this class and to avoid cancellation due to insufficient enrollment, please register no later than two weeks before the course is scheduled to begin.

### For more information or to submit the registration:

Center for Continuing Studies,  
Lewis and Clark  
0615 SW Palatine Hill Rd., MSC 85  
Portland, OR 97219  
Phone: 503-768-6040  
Fax: 503-768-6045

[ccps@lclark.edu](mailto:ccps@lclark.edu)

[www.lclark.edu/dept/ccps](http://www.lclark.edu/dept/ccps)

**Thomas Doherty, Psy.D.**, is a psychologist with a private practice in Portland, Oregon -- Sustainable Self, LLC -- and is Associate Coordinator of Ecopsychology Studies at Lewis & Clark. Thomas is Editor in Chief of the new journal Ecopsychology and a member of the APA Climate Change Task Force. His interests include wilderness therapy, applications of sustainability to personal health, and integrating psychological practice and research regarding human-nature relationships.

**Patricia Hasbach, Ph.D.**, is an author, lecturer, consultant, and private practitioner in Eugene, OR. In her clinical practice, she incorporates ecopsychological practices with traditional therapy to address issues of anxiety, depression, relationship concerns, health-related recovery, and wellness in adults and couples. She also has a special interest in the child-nature relationship. She holds a Ph.D. from the University of Pittsburgh and recently completed an MA in the Ecopsychology program at Naropa University.

## Registration Information

### Non-credit, or CEU credit:

Complete the registration form below and send it to the Center for Continuing Studies.

ccps@lclark.edu  
<http://www.lclark.edu/dept/ccps/>

Submit registration form to:

Center for Continuing Studies,  
 Lewis & Clark  
 0615 SW Palatine Hill Rd. MSC 85  
 Portland, OR 97219-7899  
 Phone: 503-768-6040  
 Fax: 503-768-6045

L&C student number (if applicable) \_\_\_\_\_ Social Security number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Name First \_\_\_\_\_ Last \_\_\_\_\_ Former Names \_\_\_\_\_

Address Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Home \_\_\_\_\_ Work \_\_\_\_\_

Email \_\_\_\_\_ Fax \_\_\_\_\_

\*Confirmation will be sent via e-mail unless otherwise noted.  Please mail my confirmation.

Date of Birth \_\_\_\_\_ Gender  M  F

*Graduate School alumni are eligible for a 10 percent discount on tuition for **noncredit, on-campus courses only.***

L&C Alumni Graduation Year \_\_\_\_\_ Degree \_\_\_\_\_

Please choose one of the following:

One-day option: 6 CEUs, \$125

Full workshop, 2 weekends: 24 CEUs, \$500

**Courses** Fall 20 \_\_\_\_\_ Spring 20 \_\_\_\_\_ Summer 20 \_\_\_\_\_ Check one below

Course # For Credit Courses Only					Title	Noncredit PDU/CEU	Credit
C	E		8				

### Payment Information:

Check enclosed payable to Lewis & Clark

By purchase order: School District \_\_\_\_\_ # \_\_\_\_\_

Charge to my VISA/Mastercard

Card Holder Name (Please Print) \_\_\_\_\_

No. \_\_\_\_\_

Exp. date \_\_\_\_\_ / \_\_\_\_\_ V Code \_\_\_\_\_ Amount \$ \_\_\_\_\_

Signature \_\_\_\_\_

### Pre-enroll

To insure your place in a class and to avoid cancellation due to insufficient enrollment, please register no later than two weeks before your course is scheduled to begin.

All cancellations must be received in writing, at least three business days prior to the first class meeting for a full refund. If a request is not received in that time period, no refund will be made.